

Dhikr – Ulama & Awliya



Ibn 'Abbas (radiyallahu 'anhu) said:

“Allah, the Almighty and Exalted, has placed limits on all the obligations He has prescribed for human beings, except for dhikr. For dhikr, there is no limit.”



Ibn 'Ata'illah al-Sakandari (rahimahullah) said:

“Through dhikr, you leave behind heedlessness and forgetfulness, and your heart remains present with Allah, the Almighty and Exalted. The best way to approach His Presence is by reciting the Name 'Allah' in the heart or on the tongue, or by reciting any of His Beautiful Names.” (*Miftah al-Falah*)



Abu al-Qasim al-Qushayri (rahimahullah) said:

“Dhikr is the strongest support on the path to Allah ('Azza wa Jall). No one can reach the Divine Presence except through constant remembrance (dhikr).” (*al-Risalah al-Qushayriyyah*)

Virtues of Dhikr



It cultivates love for Allah. Whoever seeks to attain the love of Allah should engage abundantly in dhikr. Just as reading and repetition are the keys to acquiring knowledge, the remembrance of Allah is the gateway to His love.



It leads to muraqabah (spiritual awareness and vigilance). Through dhikr, a person may attain the state of ihsan (spiritual excellence), wherein one worships Allah as though one sees Him; and though one does not see Him, one knows that He sees him.



Gatherings of dhikr are gatherings attended by angels, whereas gatherings devoid of the remembrance of Allah are opportunities for Shaytan to exert his influence.