

# Dhikr – Ulama / Awliya

Ibn`Abbas radhiAllah anhusaid:“Allah Almighty and Exalted put a limit on all the obligations that He ordered human beings except for Dhikr. For it there is no limit.”

Ibn`Ata`illah as-Sakandari rahmatullah alayhisaid “By Dhikr you leave behind heedlessness and forgetfulness and you keep your heart Present with Allah Almighty and Exalted. The best way to approach His Presence is by reciting the name ‘Allah ’ in the heart or on the tongue or by reciting any of His Names.” [Miftah al-Falah]

AbulQasim al-Qushayri rahmatullah alayhisaid “Dhikr is the strongest support in the way of Allah `Azza wa Jall. No one can reach the Divine Presence except by continuing to recite Dhikr.” [Risalat al-Qushayriyya]

## Virtues of Dhikr

- It induces love for Allah. He who seeks access to the love of Almighty Allah should do dhikr profusely. Just as reading and repetition is the door of knowledge so dhikr of Allah is the gateway to His love.
- Dhikr involves muraqaba or meditation through which one reaches the state of ihsan or excellence wherein a person worships Allah as if he is actually seeing Him.
- The gatherings for dhikr are gatherings of angels and gatherings without dhikr are gatherings of Satan.

